

# THE CONSENT CHART

## What does consent mean?

Consent means giving someone permission. Consent can be saying "yes" or "no". If someone says "yes" they are giving someone permission to do something.

## WHAT DOES CONSENT SOUND LIKE?

- "Yes!"
- "Sure!"
- "Yes Please"
- "Of course"
- "I will allow that"
- "That sounds good"
- "That's okay with me"
- "Okay"
- "Alright!"

Consent must sound positive and enthusiastic

## WHAT CAN YOU SAY IF YOU DO NOT GIVE CONSENT?

- "No"
- "I don't feel like it right now"
- "Maybe another time"
- "I don't like that"
- "I don't want that"
- "No thank you"
- "Nah, I'm good"
- "That makes me feel uncomfortable"

## WHAT DO WE NEED TO ASK CONSENT FOR?

Touching other people

Giving a hug

Giving a kiss

Sharing

Secrets

Borrowing someone's things

Being in someone's personal space

Taking or sending pictures of someone else

Sharing someone's personal information

## WHAT IF...

You really want a hug but the other person doesn't?

The other person says no but they are smiling?

The other person says no but you think they might want it anyways?

You're in the middle of a hug and the other person changes their mind?

The person let you hug them yesterday but they don't want a hug today?

The person is asleep or doesn't know?

**It's NOT consent! You do not have permission and may not do it.**

**Provided by The Real Truth Ministries**

Based off of Liz Kleinrock's document, "All about Consent"

# WHAT IF SOMEONE DOES SOMETHING WITHOUT YOUR CONSENT?

If someone who doesn't have your consent touches you, uses your things, or does something that makes you feel uncomfortable, it's not your fault!

**Be sure to tell a parent, teacher, or trusted adult** what happened and who did it.

Remember, it isn't your fault. Tell an adult you trust so they can help you and make sure people don't touch you without your consent or make you feel uncomfortable again.

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