



Biblical Comfort for Survivors of Sexual Abuse

- **Psalm 9:9** “The Lord is a refuge for the oppressed, a stronghold in times of trouble.
- **Psalm 34:18** “The Lord is close to the brokenhearted and saves those who are crushed in spirit.”
- **Psalm 51:12** “Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.”
- **Psalm 61:1-4** “Hear my cry, O God; listen to my prayer. From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I. For you have been my refuge, a strong tower against the foe. I long to dwell in your tent forever and take refuge in the shelter of your wings.”
- **Psalm 71:1-7** “In you, Lord, I have taken refuge; let me never be put to shame. In your righteousness, rescue me and deliver me; turn your ear to me and save me. Be my rock of refuge, to which I can always go; give the command to save me, for you are my rock and my fortress. Deliver me, my God, from the hand of the wicked, from the grasp of those who are evil and cruel. For you have been my hope, Sovereign Lord, my confidence since my youth. From my birth I have relied on you; you brought me forth from my mother’s womb. I will ever praise you. I have become a sign to many; you are my strong refuge.”
- **Psalm 71:20-22** “Though you have made me see troubles, many and bitter, you will restore my life again; from the depths of the earth you will again bring me up. You will increase my honour and comfort me once more. I will praise you with the harp for your faithfulness, my God; I will sing praise to you with the lyre, Holy One of Israel.”
- **Psalm 119:50** “My comfort in my suffering is this: Your promise preserves my life.”
- **Psalm 147:3** “He heals the broken-hearted and binds up their wounds.”
- **Isaiah 43:2** “When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.”

- **Isaiah 49:13** “Shout for joy, you heavens; rejoice, you earth; burst into song, you mountains! For the Lord comforts his people and will have compassion on his afflicted ones.”
- **Matthew 5:4** “Blessed are those who mourn, for they will be comforted.”
- **Matthew 11:28** “Come to me, all you who are weary and burdened, and I will give you rest.”
- **Matthew 18:6** “If anyone causes one of these little ones—those who believe in me—to stumble, it would be better for them to have a large millstone hung around their neck and to be drowned in the depths of the sea.”
- **John 16:33** “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”
- **Romans 15:13** “May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”